

609 8th Ave Seattle, WA 98104 | www.trinityseattle.org | 206-624-5337

TWENTY-FIFTH SUNDAY AFTER PENTECOST Holy Eucharist

November 10, 2024, at 8:00am and 10:30am



Welcome to Trinity!

Trinity is an open and affirming congregation, where we believe every person is created in God's image and all creation is sacred. Our deep values are **Diversity** and **Inclusion**, **Community**, **Engaging our Neighbors**, and **Sacred Place**, **Holy Space**.

The 10:30am service is being broadcast and recorded. By attending, you consent to your likeness and voice being broadcast, recorded, and published on the Internet and telephone broadcast system.

Whether you are joining us in person or livestream, we are so glad you are here to worship with us on this holy day.

We acknowledge that we worship on the unceded ancestral land of the Duwamish People past and present, the first people of Seattle, and we honor with gratitude the land itself and the Duwamish Tribe, to whom we pay Real Rent.

LITURGY OF THE WORD

PRELUDE (10:30)

"Voluntary VII" in D minor William Boyce (1710-1779)

WELCOME

Please rise as you are able.

PRAYERS FOR THE NATION

Almighty God, giver of all good things: We thank you for the natural majesty and beauty of this land. They restore us, though we often destroy them.

Heal us.

We thank you for the great resources of this nation. They make us rich, though we often exploit them.

Forgive us.

We thank you for the men and women who have made this country strong. They are models for us, though we often fall short of them.

Inspire us.

We thank you for the torch of liberty which has been lit in this land. It has drawn people from every nation, though we have often hidden from its light.

Enlighten us.

We thank you for the faith we have inherited in all its rich variety. It sustains our life, though we have been faithless again and again.

Renew us.

Help us, O Lord, to finish the good work here begun. Strengthen our efforts to blot out ignorance and prejudice, and to abolish poverty and crime. And hasten the day when all our people, with many voices in one united chorus, will glorify your holy Name. **Amen.**



Words: Harry Emerson Fosdick (1878-1969), alt. By permission of the author. Music: Cwm Rhondda, John Hughes (1873-1932).

Presider Blessed be the one, holy, and living God.

People Glory to God for ever and ever.

HYMN OF PRAISE Canticle 20: Gloria in excelsis

(8:00) Glory to God in the highest,

and peace to his people on earth.

Lord God, heavenly King,

almighty God and Father,

we worship you, we give you thanks,

we praise you for your glory.

Lord Jesus Christ, only Son of the Father,

Lord God, Lamb of God,

you take away the sin of the world;

have mercy on us;

you are seated at the right hand of the Father;

receive our prayer.

For you alone are the Holy One,

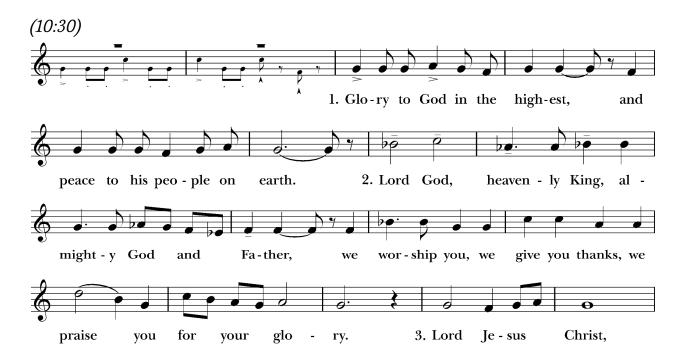
you alone are the Lord,

you alone are the Most High,

Jesus Christ,

with the Holy Spirit,

in the glory of God the Father. Amen.





Music: William Mathias (1934-1992). Copyright © 1976 Oxford University Press.

Hymnal 1982 #S-278

COLLECT OF THE DAY

God be with you.

And also with you.

Let us pray.

O God, whose blessed Son came into the world that he might destroy the works of the devil and make us children of God and heirs of eternal life: Grant that, having this hope, we may purify ourselves as he is pure; that, when he comes again with power and great glory, we may be made like him in his eternal and glorious kingdom; where he lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Please be seated.

READING FROM HEBREW SCRIPTURE

Ruth 3:1-5; 4:13-17

Naomi her mother-in-law said to Ruth, "My daughter, I need to seek some security for you, so that it may be well with you. Now here is our kinsman Boaz, with whose young women you have been working. See, he is winnowing barley tonight at the threshing floor. Now wash and anoint yourself, and put on your best clothes and go down to the threshing floor; but do not make yourself known to the man until he has finished eating and drinking. When he lies down, observe the place where he lies; then, go and uncover his feet and lie down; and he will tell you what to do." She said to her, "All that you tell me I will do."

So Boaz took Ruth and she became his wife. When they came together, the Lord made her conceive, and she bore a son. Then the women said to Naomi, "Blessed be the Lord, who has not left you this day without next-of-kin; and may his name be renowned in Israel! He shall be to you a restorer of life and a nourisher of your old age; for your daughter-in-law who loves you, who is more to you than seven sons, has borne him." Then Naomi took the child and laid him in her bosom, and became his nurse. The women of the neighborhood gave him a name, saying, "A son has been born to Naomi." They named him Obed; he became the father of Jesse, the father of David.

Hear what the Spirit is saying to God's people.

Thanks be to God.

RESPONSE Psalm 127

ANTIPHON



1 Unless the Lord builds the house, *

their labor is in vain who build it.

2 Unless the Lord watches over the city, *

in vain the watchman keeps his vigil. Antiphon

3 It is in vain that you rise so early and go to bed so late; * vain, too, to eat the bread of toil,

for he gives to his beloved sleep.

Antiphon

4 Children are a heritage from the Lord, * and the fruit of the womb is a gift.

5 Like arrows in the hand of a warrior * are the children of one's youth.

6 Happy is the man who has his quiver full of them! *
he shall not be put to shame when he contends with his
enemies in the gate.

Antiphon

Hymn Tune Psalter

READING FROM THE EPISTLES

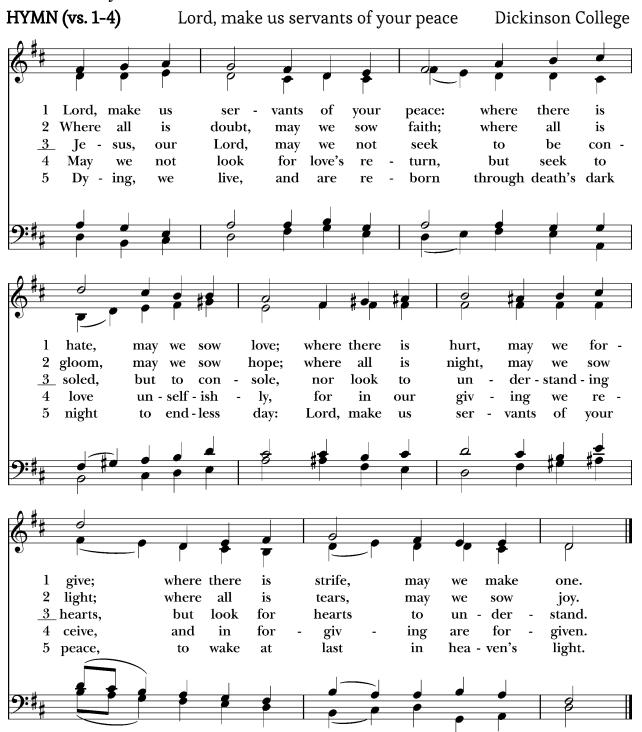
Hebrews 9:24-28

Christ did not enter a sanctuary made by human hands, a mere copy of the true one, but he entered into heaven itself, now to appear in the presence of God on our behalf. Nor was it to offer himself again and again, as the high priest enters the Holy Place year after year with blood that is not his own; for then he would have had to suffer again and again since the foundation of the world. But as it is, he has appeared once for all at the end of the age to remove sin by the sacrifice of himself. And just as it is appointed for mortals to die once, and after that the judgment, so Christ, having been offered once to bear the sins of many, will appear a second time, not to deal with sin, but to save those who are eagerly waiting for him.

Hear what the Spirit is saying to God's people.

Thanks be to God.

Please rise as you are able.



Words: James Quinn (b. 1919), based on a prayer att. to St. Francis of Assisi (1182-1226). Copyright © James Quinn, SJ, printed by permission of Geoffrey Chapman, a division on Cassell Ltd. Music: *Dickinson College*, Lee Hastings Bristol, Jr. (1923-1979). Copyright © 1962, Theodore Presser Co. used by permission of the publisher.

Hymnal 1982 #593

GOSPEL READING Mark 12:38-44

The Holy Gospel of our Savior Jesus Christ according to Mark.

Glory to you, Lord Christ.

As Jesus taught, he said, "Beware of the scribes, who like to walk around in long robes, and to be greeted with respect in the marketplaces, and to have the best seats in the synagogues and places of honor at banquets! They devour widows' houses and for the sake of appearance say long prayers. They will receive the greater condemnation."

He sat down opposite the treasury, and watched the crowd putting money into the treasury. Many rich people put in large sums. A poor widow came and put in two small copper coins, which are worth a penny. Then he called his disciples and said to them, "Truly I tell you, this poor widow has put in more than all those who are contributing to the treasury. For all of them have contributed out of their abundance; but she out of her poverty has put in everything she had, all she had to live on."

The Gospel of our Savior.

Praise to you, Lord Christ.

Please be seated.

SERMON

Rev'd Sabeth Fitzgibbons

A brief period of silence follows the Sermon.

Please rise as you are able.

NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father,

God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made.

For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the Virgin Mary and became truly human.

For our sake he was crucified under Pontius Pilate; he suffered death and was

buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father,

who with the Father and the Son is worshiped and glorified,

who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come.

Amen.

PRAYERS OF THE PEOPLE

Submit your prayer request here: https://rb.gy/erserv

Prayer Leader

As we prepare to bring the gift of our lives to the altar, we lift our voices in praise and prayer, walking in love alongside the world and our neighbors.

I invite your prayers of thanksgiving and celebration, naming our innumerable and grace-filled blessings. *Silence.*

As Christ loved us,

We walk in love.

I ask your prayers for the Church. For people around the globe who worship and serve this day. For the wisdom and ministries of the priesthood of all believers, deacons, priests, and bishops. *Silence*.

As Christ loved us,

We walk in love.

I bid your prayers for this and every nation. For all refugees, for peace among all people, for God's reconciling love to prevail in all places. For all leaders to serve with wisdom and care for our marginalized neighbors. *Silence*.

As Christ loved us,

We walk in love.

I ask your prayers for our neighbors, for the mission of Trinity, and for all the ways we change the world with our gifts. *Silence*.

As Christ loved us,

We walk in love.

I invite your prayers for those who are sick, isolated, or in despair. For caregivers and healers, for those on our congregational prayer list, for those who mourn, and for those we name now with our lips or in our hearts. *Silence*.

As Christ loved us,

We walk in love.

I ask your prayers for those who have died and for those we name now with our lips or in our hearts. *Silence.*

As Christ loved us,

We walk in love.

Presider

Holy God, hear the prayers of your people. Inspire our hearts with gratitude and abundance to share our gifts of wisdom, wealth, and works with our neighbors, our Church, and the world you made. As Christ loved us,

We walk in love.

We pray to you also for the forgiveness of our sins. Silence.

God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

PEACE

The peace of Christ be always with you.

And also with you.

Please greet one another in the name of Jesus Christ.

LITURGY OF THE TABLE

Please be seated while the table is prepared.

OFFERTORY

Therefore, be imitators of God, as beloved children, and walk in love, as Christ loved us and gave himself for us, a fragrant offering and sacrifice to God. (*Ephesians 5:1-2*)

You may make an offering at any time, before, during or after the conclusion of the service using our "Virtual offering Plate" (https://onrealm.org/TrinitySeattle/give/now).



To contribute via text:Text MYTPC \$25 (or any amount) to the phone number 73256. You'll receive a text message in response with your next steps. Messages and data rates may apply. Message frequency varies. Text HELP to 73256 for help. Text STOP to 73256 to cancel. Privacy Policy:

https://legal.acst.com/privacy-policy Terms of Service: https://legal.acst.com/terms-service-use

OFFERTORY MUSIC

Give almes of thy goods

Tye

Give almes of thy goods, and turn never thy face from any poor man, and then the face of the Lord shall not be turned away from thee.

Please rise as you are able as the monetary offerings are brought to the altar

OFFERTORY PRAYER

God of mercy and compassion, your Word calls us home to faith and love. Accept all we offer you this day; in the name of Jesus the Christ. Amen.

THE GREAT THANKSGIVING

God be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

God of all power, Source and Sustainer of the Universe, you are worthy of glory and praise.

Glory to you for ever and ever.

At your command all things came to be: shining light and enfolding dark; the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with the capacity for memory, reason, and skill. You made us the stewards of your creation. But we turned against you, and betrayed your trust; and we turned against one another.

Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your eternal Word, born of your servant Mary, to fulfill your Law, opening for us the way of freedom and peace.

By his blood, he reconciled us. By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

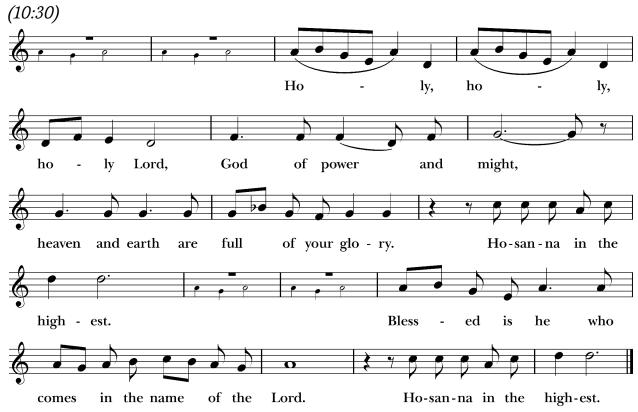
(8:00)

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is the one who comes in the name of the Lord.

Hosanna in the highest.



Music: William Mathias (1934-1992). Copyright © 1976 Oxford University Press.

Hymnal 1982 #S-128

Blessed are you, Lord our God, for sending us Jesus, the Christ, who on the night he was handed over to suffering and death, took bread, said the blessing, broke the bread, gave it to his friends, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper, Jesus took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption and offering to you this sacrifice of thanksgiving,

We celebrate Christ's death and resurrection as we await the day of his coming.

Therefore, O God, we who have been redeemed by Jesus Christ, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Savior.

Sanctify us also, and let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

Risen Lord, be known to us in the breaking of the Bread.

God of our ancestors; Redeemer and Mother of Israel; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only and not for strength; for pardon only and not for renewal. Accept these prayers and praises, Almighty God, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen.**

THE LORD'S PRAYER

As our Savior Christ has taught us, we now pray,

Our Father in heaven, hallowed be your Name,

your kingdom come, your will be done, on earth as in heaven.

Give us today our daily bread.

Forgive us our sins, as we forgive those who sin against us.

Save us from the time of trial, and deliver us from evil.

For the kingdom, the power, and the glory are yours, now and for ever. Amen.

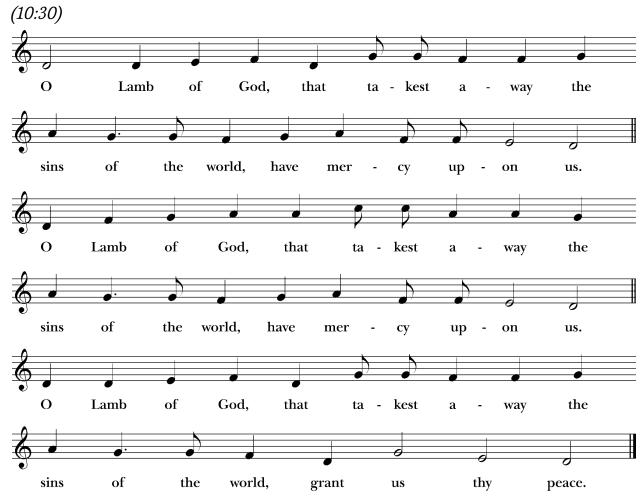
THE BREAKING OF THE BREAD

The Presider breaks the consecrated bread. A period of silence is kept.

FRACTION ANTHEM

(8:00)

This is the true bread which comes down from heaven and gives life to the world. **Whoever eats this bread will live forever.**



Music: John Merbecke (1518?-1585?); adapt. *Hymnal 1982*; acc. Thomas Foster (b. 1938). Melody: Copyright © Church Publishing Inc.

Hymnal 1982 #S-157

For those participating remotely at 10:30am, please join us in spiritual communion by praying from wherever you are:

O Christ, I believe that You are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen.

INVITATION AND COMMUNION

The gifts of God for the people of God.

May we who share these gifts be found in Christ and Christ in us.

All who seek God are welcome at Christ's Table.

- Gluten-free wafers are available; simply ask for one at the time of communion.
- Hold out your hand to receive the bread and then eat.
- Guide the chalice of wine to your mouth and then drink. Intinction (dipping the bread in the wine) is not available at this time.
- To receive a blessing instead of the bread or wine, cross your arms over your chest.
- If you need communion brought to you at your seat, please notify an usher.

COMMUNION ANTHEM Lord for thy tender mercy's sake Farrant Lord, for Thy tender mercy's sake, lay not our sins to our charge, But forgive that is past, give us grace to amend our sinful lives, to decline from sin, and incline to virtue, that we may walk in a perfect heart. Amen.

COMMUNITY ANNOUNCEMENTS

Vestry Person of the Week

POST-COMMUNION PRAYER

God of our hope, in this eucharist we find the source of all your blessings Nourished in these holy mysteries, may we, with our lives, give you continual thanks and praise. This we ask in the name of Jesus Christ our Savior. Amen.

BLESSING

Live without fear: your Creator has made you holy, has always protected you, and loves you as a mother. Go in peace to follow the good road, and the blessing of God almighty, Father, Son, and Holy Spirit, be with you always. **Amen.**



Words: Henry Francis Lyte (1793-1847). Music: *Lauda anima*, John Goss (1800-1880); desc. Craig Sellar Lang (1891-1971). Descant by permission of Novello and Company, Limited.

Hymnal 1982 #410

DISMISSAL

Friends, life is short. We do not have much time to gladden the hearts of those who travel this way with us. So, be swift to love, make haste to be kind, and go in peace to love and serve the Lord. Alleluia, alleluia.

Thanks be to God. Alleluia, alleluia.

POSTLUDE

Gaudeamus

Alec Rowley (1892-1958)

The altar flowers are given by Leslie Bourgoin to the glory of God and in celebration of Jean Weir, Kaye Okimoto, and Gene Webb, whose birthdays are today.

CITATIONS & PERMISSIONS

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10:30AM

MINISTERS OF THE SERVICE

8:00AM

Acolyte: Ronald Johnson Acolyte: Austin Matthews

Lector: Michael Regis Lectors: John Terauds, Hillary St. John

Intercessor: Mary Montgomery Intercessor: Marvin Taylor

Eucharistic Minister: Ron Johnson Eucharistic Minister: Leslie Bourgoin Usher: Betsy Severtsen Ushers: Dick Willy, Lauren Sharma

Vestry Person of the Week: Betsy Severtsen Organist: John Terauds

Presider & Preacher: the Rev. Sabeth Fitzgibbons Choir Director: Markdavin Obenza

TRINITY CHIMES: NEWS & ANNOUNCEMENTS HAPPENING THIS WEEK

Walk in Love Packets

If you consider yourself part of our Trinity community, please pick up your Walk in Love packet today after the service. Our goal is for every member of our community to make a commitment to share their wisdom, wealth, and/or works with Trinity in 2025. Our Walk in Love campaign wraps next week with ONE SERVICE AT 10:30AM, followed by our monthly Community Lunch.

Coffee Hour

TODAY, after both services

Please join us in the Parish Hall (across the courtyard) for coffee and conversation after the service.

Beautiful Individuals AA Meeting

Sundays at 7:00PM in the Trinity Library

An AA meeting specifically for women, trans, and non-binary individuals.

Trinity Living Room

Tuesday, November 12 from 7:00PM to 8:30PM in the Parish Hall When we walk together in love, we spend time together. We hang out, chat, eat snacks, enjoy activities. Our fall Living Room times wrap up this Tuesday evening. We will provide snacks, board and card games, coloring for all ages, space to talk (or not). Drop in for a little while or stay the whole time.

TANBIR AA Meeting

Thursdays at 8:00PM in the Trinity Library

The Trans And Non-Binary In Recovery AA group is an open meeting.

UPCOMING EVENTS

ONE Service: Ingathering for our Walk in Love Stewardship Campaign

Sunday, November 17, at 10:30AM

We will gather together as **ONE worshiping community at 10:30** to celebrate together the Ingathering of our Walk in Love pledges of Time, Talent, and Treasure for 2025.

Community Lunch (3rd Sundays)

Sunday, November 17, at 11:45AM in the Parish Hall Every 3rd Sunday of the month we host a FREE hot meal for our community and neighbors. All hungry humans are invited to eat!

Seeking: Pumpkin Pies & Other Thanksgiving-themed Desserts on November 17 The theme for our Community Lunch on November 17 is THANKSGIVING. If you are able to bring something to add to our feast, please consider bringing pumpkin pies or other holiday themed desserts.

Vestry Meeting

Sunday, November 24, at 12:30PM in the Upstairs Vestry Room and on Zoom. Vestry meetings are open to all members of the congregation.

Adult Formation: Make Me an Instrument of Peace Civil Discourse Training

Our Civil Discourse class has been postponed to December. If you are interested in serving as a co-facilitator for any of these sessions, please contact Rev. Sabeth. Differing opinions are part of life. Polarization, name calling, and violence don't have to be. Come learn skills for civil conversations with those who may not share your values.

Bookmarks!

Sunday, December 1, at 12:15PM in the Trinity Library

Bookmarks! is currently reading *The Poisonwood Bible*, by Barbara Kingsolver for their December (12/1) and January (1/5) meetings. The book is set in Africa in the 1950's-1960's. How do we as people of faith interact with others? We'll discuss parts 1-3 of the book in December. All are invited to join in the conversation whether you've read the book or not.

Compline (1st Thursdays)

Thursday, December 5, 8:15PM to 8:45PM in the Sanctuary
The Trinity Choir leads us in this brief, restful service at the end of the day.
After a holiday break, Compline returns in 2025: 2/6, 3/6, 4/3

Seattle Girls Choir presents "Carmina Angelorum: Songs of the Angels"

Friday December 6, 7:30PM in the Sanctuary

An elegant concert featuring Benjamin Britten's stunning choral masterpiece "A Ceremony of Carols" for harp and treble voices, and John Rutter's "Dancing Day" cycle, paired with choral works by Joan Szymko, Joanna Forbes L'Estrange, Rosephanye Powell, and Alice Parker. Carmina Angelorum offers a space for reflection and hope as we make our way through the longest nights of the year. Performed by Prime Voci of Seattle Girls Choir under the direction of Sarra S. Doyle, with Elizabeth Landis on harp. More info: www.seattlegirlschoir.org.

ANNOUNCEMENTS

Exciting News: Trinity Receives City Grant Toward Greening Our Parish!

Trinity was recently awarded a City of Seattle grant for decarbonizing our heating system. The City's new Building Emissions Performance Standard law requires Trinity to meet specific greenhouse gas emission intensity targets over the next 7-12 years, ultimately aiming for a zero-emissions goal by 2041. To assist with this goal, the City has awarded Trinity \$1.1 million to transition our century-old steam heating system to more sustainable and efficient heat pump technology.

Sign Up to Host a Coffee Hour on the Big Blue Board in the Parish Hall

There are two tasks Coffee Hour hosts complete (you don't have to do both): 1) bringing food to share with the congregation, and 2) making coffee and hot water. There are spots open on Dec. 1 and Jan. 6. Contact Heidi Eckman with questions.

Women in Black Silent Vigils

Whenever the Medical Examiner's Office reports a homeless person has died outside, in public, or by violence in King County, WHEEL (Women's Housing Equality and Enhancement League) mobilizes their silent witnessing vigil: Women in Black (WIB). The next vigil, to remember by name those who died in October will be held in mid-November. Vigils are typically held from Noon to 1:00pm on the steps of Seattle City Hall at 4th & James.

MUSIC NOTES FOR SUNDAY, NOVEMBER 9, 2024

By John Terauds, organist

A generation younger than George Frideric Handel, William Boyce lived in the transplanted German's musical shadow. Musical history has further reinforced Handel's supremacy, but Boyce was a very fine composer. There is a great story from Boyce's day involving rival theaters in London. Both David Garrick's company at Drury Lane and the theater at Covent Garden mounted new productions of Shakespeare's Romeo and Juliet in 1750. Both producers decided to write an extra scene centered around Juliet's funeral procession. Both needed music. Covent Garden hired Thomas Arne (composer of "Rule, Brittania!") while Garrick hired Boyce. Boyce's version was such a hit that it continued to be included in productions of Romeo and Juliet well into the second half of the 19th century.

Boyce was Master of the King's Musick by the time of King George III's coronation in 1761. He composed eight new anthems for the event, but decided to not re-set Handel's magnificent "Zadok the Priest," the first of the Coronation Anthems. Thanks to Boyce's deference to Handel, every British Coronation since then has included Handel's "Zadok the Priest."

The posthumous edition of Boyce's Ten Voluntaries published in 1785 (I am playing from a facsimile edition) is all we have of Boyce's organ music. It represents a tiny portion of his creative output. This voluntary offers a simple two-part structure of a short preamble followed by a tidy fugue in the solemn-sounding key of D minor. I've chosen it this week for it's simple dignity – not unlike that of Ruth as she trusted that God would provide the security and consolation that she and her mother-in-law Naomi needed.

This is the second week in a row that I have something by nearly-forgotten English composer Alex Rowley. Today's piece was written in the darker days of World War II for Wilfrid Greenhouse Altt, who was at the time the assistant organist at Norwich Cathedral. The title "Gaudeamus" translates as "Let Us Rejoice," and Rowley added the opening verse from Psalm 46 to the first page to help set his intention for the piece: "God is our hope and strength, a very present help in trouble." These words were badly needed in 1942 after German air raids flattened much of central Norwich and severly damaged the Cathedral. Hundreds of people defiantly showed up for worship amidst the rubble in the roofless and windowless shell as soon as it was safe to do so. God's extravagant love remains in our midst even in the darkest of times.