



TRINITY
PARISH
SEATTLE

609 8th Ave Seattle, WA 98104 | www.trinityseattle.org | 206-624-5337

TWENTY-FIRST SUNDAY AFTER PENTECOST

Holy Eucharist

October 13, 2024, at 8:00am and 10:30am



Welcome to Trinity!

Trinity is an open and affirming congregation, where we believe every person is created in God's image and all creation is sacred. Our deep values are **Diversity** and **Inclusion**, **Community**, **Engaging our Neighbors**, and **Sacred Place, Holy Space**.

The 10:30am service is being broadcast and recorded. By attending, you consent to your likeness and voice being broadcast, recorded, and published on the Internet and telephone broadcast system.

Whether you are joining us in person or livestream, we are so glad you are here to worship with us on this holy day.

We acknowledge that we worship on the unceded ancestral land of the Duwamish People past and present, the first people of Seattle, and we honor with gratitude the land itself and the Duwamish Tribe, to whom we pay Real Rent.

LITURGY OF THE WORD

PRELUDE (10:30)

Ye Banks and Braes

Rosalie Bonighton

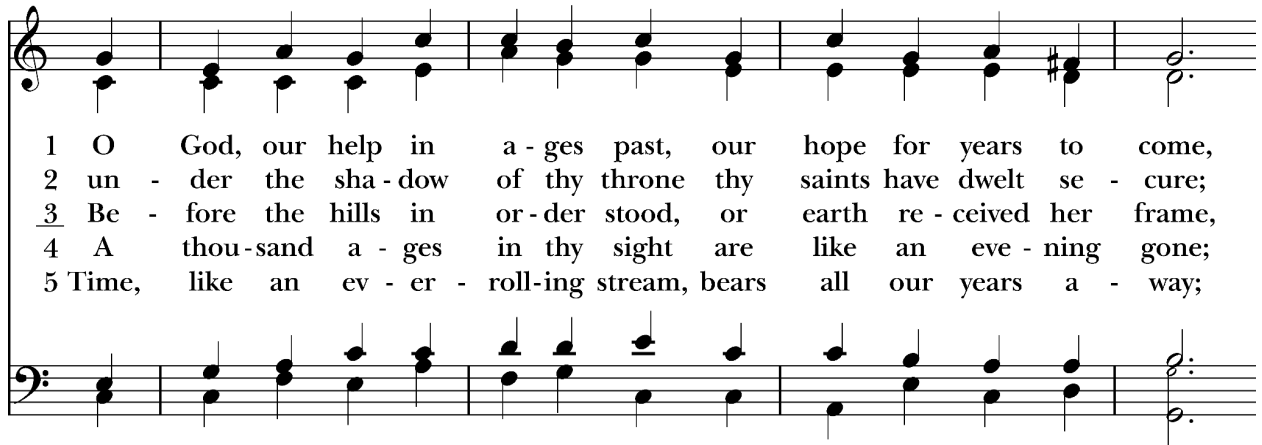
WELCOME

Please rise as you are able.

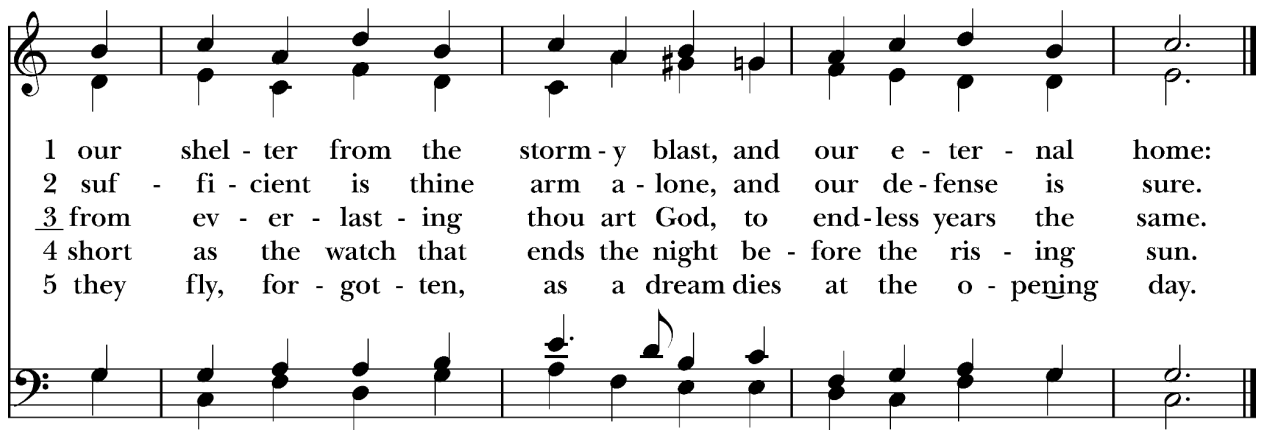
HYMN (10:30)

O God, our help in ages past

St. Anne



1 O God, our help in a - ges past, our hope for years to come,
2 un - der the sha - dow of thy throne thy saints have dwelt se - cure;
3 Be - fore the hills in or - der stood, or earth re - ceived her frame,
4 A thou - sand a - ges in thy sight are like an eve - ning gone;
5 Time, like an ev - er - roll - ing stream, bears all our years a - way;



1 our shel - ter from the storm - y blast, and our e - ter - nal home:
2 suf - fi - cient is thine arm a - lone, and our de - fense is sure.
3 from ev - er - last - ing thou art God, to end - less years the same.
4 short as the watch that ends the night be - fore the ris - ing sun.
5 they fly, for - got - ten, as a dream dies at the o - pening day.

6 O God, our help in ages past,
our hope for years to come,

be thou our guide while life shall last,
and our eternal home.

Words: Isaac Watts (1674-1748), alt.; para. of Psalm 90. Music: *St. Anne*, melody att. William Croft (1678-1727), alt.; harm. William Henry Monk (1823-1889).

Hymnal 1982 #680

Presider Blessed be the one, holy, and living God.


People **Glory to God for ever and ever.**

HYMN OF PRAISE Canticle 20: Gloria in excelsis

(8:00)

**Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world;
have mercy on us;
you are seated at the right hand of the Father;
receive our prayer.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.**

(10:30)



1. Glo-ry to God in the high-est, and



peace to his peo - ple on earth. 2. Lord God, heaven - ly King, al -



might - y God and Fa-ther, we wor-ship you, we give you thanks, we

praise you for your glo - ry. 3. Lord Je - sus Christ,

on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you

take a - way the sin of the world: have mer - cy on us;

5. you are seat - ed at the right hand of the Fa - ther: re -

ceive our prayer. 6. For

you a - lone are the Ho - ly One, you a - lone are the Lord,

7. you a - lone are the Most High, Je - sus Christ, with the

God the Fa - ther. A - men.

Music: William Mathias (1934-1992). Copyright © 1976 Oxford University Press.

Hymnal 1982 #S-278

COLLECT OF THE DAY

God be with you.

And also with you.

Let us pray.

Lord, we pray that your grace may always precede and follow us, that we may continually be given to good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Please be seated.

READING FROM HEBREW SCRIPTURE

Job 23:1-9, 16-17

Job said:

"Today also my complaint is bitter;

his hand is heavy despite my groaning.

Oh, that I knew where I might find him,

that I might come even to his dwelling!

I would lay my case before him,

and fill my mouth with arguments.

I would learn what he would answer me,

and understand what he would say to me.

Would he contend with me in the greatness of his power?

No; but he would give heed to me.

There an upright person could reason with him,

and I should be acquitted forever by my judge.

"If I go forward, he is not there; or backward,

I cannot perceive him;

on the left he hides, and I cannot behold him;

I turn to the right, but I cannot see him.

God has made my heart faint;

the Almighty has terrified me;

If only I could vanish in darkness,

and thick darkness would cover my face!"

Hear what the Spirit is saying to God's people.

Thanks be to God.

ANTIPHON

Psalm 22: 1a

Organ: *Everyone:*

My God, my God, why have you for-sak-en me?

- 1 My God, my God, why have you forsaken me? *
and are so far from my cry and from the words of my distress?
- 2 O my God, I cry in the daytime, but you do not answer; *
by night as well, but I find no rest.
- 3 Yet you are the Holy One, *
enthroned upon the praises of Israel. *Antiphon*
- 4 Our forefathers put their trust in you; *
they trusted, and you delivered them.
- 5 They cried out to you and were delivered; *
they trusted in you and were not put to shame.
- 6 But as for me, I am a worm and no man, *
scorned by all and despised by the people. *Antiphon*
- 7 All who see me laugh me to scorn; *
they curl their lips and wag their heads, saying,
- 8 "He trusted in the Lord; let him deliver him; *
let him rescue him, if he delights in him."
- 9 Yet you are he who took me out of the womb, *
and kept me safe upon my mother's breast. *Antiphon*
- 10 I have been entrusted to you ever since I was born; *
you were my God when I was still in my mother's womb.
- 11 Be not far from me, for trouble is near, *
and there is none to help. *Antiphon*
- [12 Many young bulls encircle me; *
strong bulls of Bashan surround me.
- 13 They open wide their jaws at me, *
like a ravening and a roaring lion.
- 14 I am poured out like water; all my bones are out of joint; *
my heart within my breast is melting wax.

15 My mouth is dried out like a pot-sherd;
my tongue sticks to the roof of my mouth; *
and you have laid me in the dust of the grave.]

[Omitted in the Ionian Psalter]

Ionian Psalter

READING FROM THE EPISTLES

Hebrews 4:12-16

The word of God is living and active, sharper than any two-edged sword, piercing until it divides soul from spirit, joints from marrow; it is able to judge the thoughts and intentions of the heart. And before him no creature is hidden, but all are naked and laid bare to the eyes of the one to whom we must render an account.

Since, then, we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast to our confession. For we do not have a high priest who is unable to sympathize with our weaknesses, but we have one who in every respect has been tested as we are, yet without sin. Let us therefore approach the throne of grace with boldness, so that we may receive mercy and find grace to help in time of need.

Hear what the Spirit is saying to God's people.

Thanks be to God.

Please rise as you are able.

HYMN

Thou my everlasting portion

Close to Thee

1. Thou my ev - er - last - ing por - tion, More than friend or
2. Not for ease or world - ly pleas - ure, Nor for fame my
3. Lead me through the vale of shad - ows, Bear me o'er life's

1. life to me; All a - long my pil - grim jour - ney,
2. prayer shall be; Glad - ly will I toil and suf - fer,
3. fit - ful sea; Then the gate of life e - ter - nal

1. Sav - ior let me walk with thee. Close to thee, Close to
2. On - ly let me walk with thee. Close to thee, Close to
3. May I en - ter, Lord, with thee. Close to thee, Close to

1. Thee, Close to thee, Close to thee; All a - long my
 2. Thee, Close to thee, Close to thee; Glad - ly will I
 3. Thee, Close to thee, Close to thee; Then the gate of

1. pil - grim jour - ney, Sav - ior let me walk with thee.
 2. toil and suf - fer, On - ly let me walk with thee.
 3. life e - ter - nal May I en - ter, Lord, with thee.

Words: Fanny J. Crosby (1820-1915). Music: Silas Vail (1818-1884).

LEVAS #122

GOSPEL READING

Mark 10:17-31

The Holy Gospel of our Savior Jesus Christ according to Mark.

Glory to you, Lord Christ.

As Jesus was setting out on a journey, a man ran up and knelt before him, and asked him, “Good Teacher, what must I do to inherit eternal life?” Jesus said to him, “Why do you call me good? No one is good but God alone. You know the commandments: ‘You shall not murder; You shall not commit adultery; You shall not steal; You shall not bear false witness; You shall not defraud; Honor your father and mother.’” He said to him, “Teacher, I have kept all these since my youth.” Jesus, looking at him, loved him and said, “You lack one thing; go, sell what you own, and give the money to the poor, and you will have treasure in heaven; then come, follow me.” When he heard this, he was shocked and went away grieving, for he had many possessions.

Then Jesus looked around and said to his disciples, “How hard it will be for those who have wealth to enter the kingdom of God!” And the disciples were perplexed at these words. But Jesus said to them again, “Children, how hard it is to enter the kingdom of God! It is easier for a camel to go through the eye of a needle than for someone who is rich to enter the kingdom of God.” They were greatly astounded and said to one another, “Then who can be saved?” Jesus looked at them and said, “For mortals it is impossible, but not for God; for God all things are possible.”

Peter began to say to him, “Look, we have left everything and followed you.” Jesus said, “Truly I tell you, there is no one who has left house or brothers or sisters or mother or father or children or fields, for my sake and for the sake of the good news, who will not receive a hundredfold now in this age—houses, brothers and sisters, mothers and children, and fields with persecutions—and in the age to come eternal life. But many who are first will be last, and the last will be first.”

The Gospel of our Savior.

Praise to you, Lord Christ.

Please be seated.

SERMON

Rev'd Sabeth Fitzgibbons

A brief period of silence follows the Sermon.

Please rise as you are able.

NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father,

God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made.

For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the Virgin Mary and became truly human.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father,
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.**

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come.

Amen.

PRAYERS OF THE PEOPLE

Submit your prayer request here: <https://rb.gy/erserv>

Presider

As we prepare to bring the gift of our lives to the altar, we lift our voices in praise and prayer, walking in love alongside the world and our neighbors.

I invite your prayers of thanksgiving and celebration, naming our innumerable and grace-filled blessings. *Silence.*

As Christ loved us,

We walk in love.

I ask your prayers for the Church. For people around the globe who worship and serve this day. For the wisdom and ministries of the priesthood of all believers, deacons, priests, and bishops. *Silence.*

As Christ loved us,

We walk in love.

I bid your prayers for this and every nation. For all refugees, for peace among all people, for God's reconciling love to prevail in all places. For political candidates, for voters, and for leaders who serve with wisdom and care for our marginalized neighbors. *Silence.*

As Christ loved us,

We walk in love.

I ask your prayers for our neighbors, for the mission of Trinity, and for all the ways we change the world with our gifts. *Silence.*

As Christ loved us,
We walk in love.

I invite your prayers for those who are sick, isolated, or in despair. For caregivers and healers, for those on our congregational prayer list, for those who mourn, and for those we name now with our lips or in our hearts. *Silence.*

As Christ loved us,
We walk in love.

I ask your prayers for those who have died and for those we name now with our lips or in our hearts. *Silence.*

As Christ loved us,
We walk in love.

Presider

Holy God, hear the prayers of your people. Inspire our hearts with gratitude and abundance to share our gifts of wisdom, wealth, and works with our neighbors, our Church, and the world you made. As Christ loved us,

We walk in love.

Dear Lord, Almighty God, we pray for all Indigenous children who were in residential and boarding schools in Canada and the United States. Some died there; we ask that you give assurance to their descendants that their souls are with you and their ancestors. Some survived there; we ask that you give your healing grace to all who endured hardship while there and are still struggling with those memories. Lastly, we ask you to help us guard our children against harm in this world. All this we ask in the name of your Son, Jesus Christ, who lives and reigns with you and the Holy Spirit, now and for ever.

Amen. We will always remember them.

We pray to you for the forgiveness of our sins. *Silence.*

God of all mercy, **we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil**

we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

PEACE

The peace of Christ be always with you.

And also with you.

Please greet one another in the name of Jesus Christ.

LITURGY OF THE TABLE

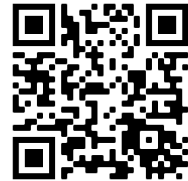
Please be seated while the table is prepared.

OFFERTORY

Therefore, be imitators of God, as beloved children, and walk in love, as Christ loved us and gave himself for us, a fragrant offering and sacrifice to God.

(Ephesians 5:1-2)

You may make an offering at any time, before, during or after the conclusion of the service using our “Virtual offering Plate”
(<https://onrealm.org/TrinitySeattle/give/now>).



To contribute via text: Text MYTPC \$25 (or any amount) to the phone number 73256. You'll receive a text message in response with your next steps. Messages and data rates may apply. Message frequency varies. Text HELP to 73256 for help. Text STOP to 73256 to cancel. Privacy Policy: <https://legal.acst.com/privacy-policy> Terms of Service: <https://legal.acst.com/terms-service-use>

OFFERTORY MUSIC

Salvator mundi

Howells

O Saviour of the world, who by thy Cross and thy precious Blood hast redeemed us, Save us and help us, we humbly beseech thee, O Lord.

Please rise as you are able as the monetary offerings are brought to the altar

OFFERTORY PRAYER

God of mercy and compassion, your Word calls us home to faith and love. Accept all we offer you this day; in the name of Jesus the Christ. Amen.

THE GREAT THANKSGIVING

God be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

God of all power, Source and Sustainer of the Universe,
you are worthy of glory and praise.

Glory to you for ever and ever.

At your command all things came to be: shining light and enfolding dark; the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with the capacity for memory, reason, and skill. You made us the stewards of your creation. But we turned against you, and betrayed your trust; and we turned against one another.

Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your eternal Word, born of your servant Mary, to fulfill your Law, opening for us the way of freedom and peace.

By his blood, he reconciled us. By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

(8:00)

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is the one who comes in the name of the Lord.

Hosanna in the highest.

(10:30)

The musical score is written in a single system with five staves. The first staff begins with a treble clef and a key signature of one flat (B-flat). The melody is written in a simple, hymn-like style. The lyrics are placed below the notes, with hyphens indicating syllables that span across multiple notes. The lyrics are: "Ho - ly, ho - ly, ho - ly Lord, God of power and might, heaven and earth are full of your glo - ry. Ho-san-na in the high - est. Bless - ed is he who comes in the name of the Lord. Ho-san-na in the high-est." The score ends with a double bar line.

Music: William Mathias (1934-1992). Copyright © 1976 Oxford University Press.

Hymnal 1982 #S-128

Blessed are you, Lord our God, for sending us Jesus, the Christ, who on the night he was handed over to suffering and death, took bread, said the blessing, broke the bread, gave it to his friends, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper, Jesus took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption and offering to you this sacrifice of thanksgiving,

We celebrate Christ's death and resurrection as we await the day of his coming.

Therefore, O God, we who have been redeemed by Jesus Christ, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Savior.

Sanctify us also, and let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

Risen Lord, be known to us in the breaking of the Bread.

God of our ancestors; Redeemer and Mother of Israel; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us.

Deliver us from the presumption of coming to this Table for solace only and not for strength; for pardon only and not for renewal. Accept these prayers and praises, Almighty God, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen.**

THE LORD'S PRAYER

As our Savior Christ has taught us, we now pray,

Our Father in heaven, hallowed be your Name,

your kingdom come, your will be done, on earth as in heaven.

Give us today our daily bread.

Forgive us our sins, as we forgive those who sin against us.

Save us from the time of trial, and deliver us from evil.

For the kingdom, the power, and the glory are yours, now and for ever. Amen.

THE BREAKING OF THE BREAD

The Presider breaks the consecrated bread. A period of silence is kept.

FRACTION ANTHEM

(8:00)

This is the true bread which comes down from heaven and gives life to the world.

Whoever eats this bread will live forever.

(10:30)

O Lamb of God, that ta - kest a - way the
sins of the world, have mer - cy up - on us.

O Lamb of God, that ta - kest a - way the
sins of the world, have mer - cy up - on us.

O Lamb of God, that ta - kest a - way the
sins of the world, grant us thy peace.

The musical score consists of six staves of music in G major, 3/4 time. The lyrics are printed below each staff. The melody is simple and hymn-like, with a final cadence at the end of the sixth staff.

Music: John Merbecke (1518?-1585?); adapt. *Hymnal 1982*; acc. Thomas Foster (b. 1938). Melody: Copyright © Church Publishing Inc.

Hymnal 1982 #S-157

For those participating remotely at 10:30am, please join us in spiritual communion by praying from wherever you are:

O Christ, I believe that You are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen.

INVITATION AND COMMUNION

The gifts of God for the people of God.

May we who share these gifts be found in Christ and Christ in us.

All who seek God are welcome at Christ's Table.

- *Gluten-free wafers are available; simply ask for one at the time of communion.*
- *Hold out your hand to receive the bread and then eat.*
- *Guide the chalice of wine to your mouth and then drink. Intinction (dipping the bread in the wine) is not available at this time.*
- *To receive a blessing instead of the bread or wine, cross your arms over your chest.*
- *If you need communion brought to you at your seat, please notify an usher.*

COMMUNION ANTHEM

O Lord, increase my faith

Gibbons

O Lord, increase my faith strengthen me and confirm me in thy true faith, endue me with wisdom, charity, chastity and patience in all my adversity. Sweet Jesus, say Amen.

COMMUNITY ANNOUNCEMENTS

Vestry Person of the Week

POST-COMMUNION PRAYER

God of our hope, in this eucharist we find the source of all your blessings

Nourished in these holy mysteries, may we, with our lives, give you continual thanks and praise. This we ask in the name of Jesus Christ our Savior. Amen.

BLESSING

Live without fear: your Creator has made you holy, has always protected you, and loves you as a mother. Go in peace to follow the good road, and the blessing of God almighty, Father, Son, and Holy Spirit, be with you always. **Amen.**

HYMN (10:30)

Alleluia! sing to Jesus

see page 20

DISMISSAL

Friends, life is short. We do not have much time to gladden the hearts of those who travel this way with us. So, be swift to love, make haste to be kind, and go in peace to love and serve the Lord. Alleluia, alleluia.

Thanks be to God. Alleluia, alleluia.

POSTLUDE

St Anne

Healey Willan

CITATIONS & PERMISSIONS

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MINISTERS OF THE SERVICE

8:00AM

Acolyte: Ronald Johnson

Lector: Michael Regis

Intercessor: Melissa Wood

Eucharistic Minister: Ron Johnson

Usher: Mary Johnstone

10:30AM

Acolyte: Austin Matthews

Lectors: Mahalia Kahsay, Marvin Taylor

Intercessor: Cindy Johnson-Garnett

Eucharistic Minister: Leslie Bourgoïn

Ushers: Julien Goulet, Mahalia Kahsay

Vestry Person of the Week: Mary Johnstone

Presider & Preacher: the Rev. Sabeth Fitzgibbons

Organist: John Terauds

Director of Music: Markdavin Obenza

HYMN vs 1, 3, 4 (10:30)

Alleluia! sing to Jesus

Hyfrydol

1 Al - le - lu - ia! sing to Je - sus! his the
 *2 Al - le - lu - ia! not as or - phans are we
 3 Al - le - lu - ia! bread of Hea - ven, Thou on
 4 Al - le - lu - ia! King e - ter - nal, thee the
 *5 Al - le - lu - ia! sing to Je - sus! his the

1 scep - ter, his the throne; Al - le - lu - ia! his the
 2 left in sor - row now; Al - le - lu - ia! he is
 3 earth our food, our stay! Al - le - lu - ia! here the
 4 Lord of lords we own: Al - le - lu - ia! born of
 5 scep - ter, his the throne; Al - le - lu - ia! his the

1 tri - umph, his the vic - to - ry a - lone; Hark! the
 2 near us, faith be - lieves, nor ques - tions how: though the
 3 sin - ful flee to thee from day to day: In - ter -
 4 Ma - ry, earth thy foot - stool, heaven thy throne: thou with -
 5 tri - umph, his the vic - to - ry a - lone; Hark! the

1 songs of peace - ful Zi - on thun - der like a
 2 cloud from sight re - ceived him, when the for - ty
 3 ces - sor, friend of sin - ners, earth's Re - deem - er,
 4 in the veil hast en - tered, robed in flesh, our
 5 songs of ho - ly Zi - on thun - der like a

1 might - y flood; Je - sus out of ev - ery
 2 days were o'er, shall our hearts for - get his
 3 plead for me, where the songs of all the
 4 great High Priest: thou on earth both Priest and
 5 might - y flood; Je - sus out of ev - ery

1 na - tion hath re - deemed us by his blood.
 2 prom - ise, "I am with you ev - er - more"?
 3 sin - less sweep a - cross the crys - tal sea.
 4 Vic - tim in the eu - cha - ris - tic feast.
 5 na - tion hath re - deemed us by his blood.

Words: William Chatterton Dix (1837-1898). Music: *Hyfrydol*, Rowland Hugh Prichard (1811-1887).

Hymnal 1982 #460

TRINITY CHIMES: NEWS & ANNOUNCEMENTS

HAPPENING THIS WEEK

Assisted Listening (Additional Amplification) Now Available During Services:

To use your existing hearing accessories, connect to our **Welcome_Trinity** WiFi network on your phone, download the **ListenWiFi** app on your phone, and then scan the venue to find our **ALS Trinity** stream. *Ask an usher if you need to borrow an assistive listening device.*

Coffee Hour

TODAY, after both services

Please join us in the Parish Hall (across the courtyard) for coffee and conversation.

Adult Formation: Vote Faithfully

TODAY at 9:15AM in the Trinity Library

Ballots will be mailed out this week. Bring your coffee and join us to talk about voting as an act of faith and prophecy, who can vote in Washington, how to register and get a ballot. We'll be able to check your voter registration information and/or register to vote.

Adult Formation Series: "Beyond Land Acknowledgement"

Sundays, Oct 6 - Nov 3, 5:00-6:00PM at St. John the Baptist Episcopal Church, 3050 California Ave SW, West Seattle 98116

All are welcome to join St. John the Baptist on Sunday afternoons through Nov. 3:

- **10/13 & 10/20** Tyna Ek and Pr. Andrew Conley-Holcom, Admiral United Church of Christ, presenting their series "Balance Due" on the effects of colonization on the Duwamish people in this region
- **10/27** Jackson Espeut, St. John the Baptist Episcopal Church, sharing his academic research on fishing and water rights and their effects on indigenous communities
- **11/3** Dr. Jim Jarvis, UW Division of Rheumatology - Dept. of Pediatrics, presenting on historical and ongoing medical-related trauma in indigenous communities

Beautiful Individuals AA Meeting

TODAY, at 7:00PM in the Trinity Library

An open AA meeting specifically for women, trans, and non-binary individuals..

TANBIR AA Meeting

Thursdays at 8:00PM in the Trinity Library

The Trans And Non-Binary In Recovery AA group is an open meeting.

UPCOMING EVENTS

Adult Formation: Exploring Christian Nationalism

Sundays, October 20 & 27, at 9:15AM in Trinity Library

The problem with Christian Nationalism, says bestselling author and American theologian Jim Wallis, is that it's not Christian. Wallis contends that with its whites-first, Christian-first ideology, Christian Nationalism undermines the basic tenets of Christianity. In Genesis, we hear of God creating humans in God's image. This core statement of our faith calls on us to believe and act in ways that honor the intrinsic value of all people. Join us to learn more about how Christians can reject the "false white gospel" of Christian Nationalism and reclaim our true faith. @

Community Lunch (3rd Sundays)

Sunday, October 20, at 11:45AM in the Parish Hall

Every 3rd Sunday of the month we host a FREE hot meal for our community and neighbors. All hungry humans are invited to eat! If you can bring food or drinks, sign up at <https://tinyurl.com/yb32kpp2>. October theme: HALLOWEEN.

Trinity Living Room

In the Parish Hall and Trinity Library

- *Thursday, October 31 from 10:00AM to Noon*
- *Friday, November 8 from 3:00PM to 5:00PM*
- *Tuesday, November 12 from 7:00PM to 8:30PM*

When we walk together in love, we spend time together. We **hang out, chat, eat snacks, maybe play games**. This fall we are hosting three **Living Room** times. No agenda beyond spending time getting to know whomever is there. We will provide **snacks, conversation prompts, board and card games, coloring for all ages, space to talk (or not)**. **BYO knitting, crafts, books, or ??** Drop in for a little while or stay the whole time.

All Saints' Sunday

Sunday, November 3

On All Saints Sunday, November 3 we will read aloud the names of beloved members of our family and community who have died. **If there are names you'd like to have read as part of the service, please send them to office@trinityseattle.org by Sunday, October 27.**

Litter Pickup: Beautifying our Neighborhood (1st Sundays)

November 3, after both services

Last year Trinity adopted a street! Join us after both services to pick up litter in the neighborhood. Supplies (vests, grabbers, etc.) provided. Close-toed shoes recommended. *After November 3, this event will be on hiatus for the winter months, resuming March 2, 2025.*

All are Welcome to a Day of Workshops at Diocesan Convention

Friday, October 25, 10:00AM to 5:00PM at the Tacoma Convention Center

Join Episcopalians from across western WA for a day of education, inspiration, and community-building! Friday features 36 workshops with over 70 presenters (including a couple from Trinity) on topics ranging from creation care to prison ministry; from being Episcopalian in Palestine to artificial intelligence and the church; from engaging young people to mapping neighborhoods. A mid-day plenary session with our newly consecrated Bishop, Phil LaBelle, will delve deeply into the Convention theme: *Come to Me and I Will Give You Rest*. View <https://convention.ecww.org/2024-convention-workshops/> for more details.

Register as a participant to attend the workshops for \$10 at <https://convention.ecww.org/>.

ANNOUNCEMENTS

Coffee Hour Hosts needed November 3 & December 1

Coffee Hour Hosts bring food and make coffee. Hosts are needed for **Nov. 3** and **Dec. 1**. Look for the signup sheet on the Big Blue Board in the Parish Hall.

Listen to Trinity Services by Telephone

Call 1-866-611-8933 (toll free) and press 1 to get a call every time Trinity live streams the service, or stay on the line to listen to the most recent service.

Women in Black Silent Vigils

Whenever the Medical Examiner's Office reports a homeless person has died outside, in public, or by violence in King County, WHEEL (Women's Housing Equality and Enhancement League) mobilizes their silent witnessing vigil: Women in Black (WIB). At least 196 human beings have died outside and/or by violence already in 2024. The next vigil, to remember by name those who died in September will be held in mid-October. Vigils are typically held from Noon to 1:00pm on the steps of Seattle City Hall at 4th & James. Watch this space for the date/time of the next vigil.

VESTRY NEWS

September 29 Meeting Update:

1. **Trinity Endowment Update** - Marshal McReal, Principal at Garde Capital, joined the Vestry to give an overview of fiduciary responsibility (both Garde's and Trinity's) and endowment principles. Mr. McReal concluded with a report on Trinity's endowment funds that are managed by Garde. In sum, Trinity's endowment is well and carefully managed, and continues to gain value. 2024 Year to Date performance is +12.64%.
2. **Walk in Love** is the theme of our fall pledge campaign, which begins October 6 and concludes November 17 (we'll have ONE service at 10:30AM on November 17). Join us each Sunday as we explore the invitation to "walk in love, as Christ loved us and gave himself for us, a fragrant offering and sacrifice to God" (Ephesians 5:2).
3. **Learning about our Neighbors** - Sabeth+ is scheduling two 30-minute coffee dates each week to learn about and from our neighbors. In the spirit of curiosity and learning, she will be inviting 2 congregation members to join each coffee meeting. If you are interested in listening and learning about what neighbors love and want for Trinity's neighborhood, let Sabeth+ know.
4. **Trinity's monthly financial statements are posted on the Big Blue Board in the Parish Hall.**

The Vestry meets next on **Sunday, October 27 at 12:30PM** in the Upstairs Vestry Room and on Zoom. Vestry meetings are open to all members of the congregation.

MUSIC NOTES FOR SUNDAY, OCTOBER 13, 2024

By John Terauds, *organist*

The original title Scots poet Robert Burns gave this song in 1791 is “The Banks o’ Doon.” Burns’ verses chronicle the sad real-life story of a young woman who had an affair behind her fiancé’s back and was left with just the baby. The tune Burns used for inspiration is usually referred to as “traditional,” but is likely not much older than the lyrics. There is a story that it was written by a contemporary of Burns in response to a dare to produce something that sounds Scottish. Whatever the real story is, the tune is compelling and was borrowed in the 1980s by the Iona Community in Scotland for use in its folksong-inspired music. I’ve had the incredible privilege to attend workshops by Iona’s John Bell three times, and hope to be able to have an extended visit at Iona one day. He introduced me to the tune and the affecting words he wrought for worship:

1 We cannot measure how You heal or answer every sufferer’s prayer,
yet we believe your grace responds where faith and doubt unite to care.
Your hands, though bloodied on the cross, survive to hold and heal and warn,
to carry all through death to life and cradle children yet unborn.

2 The pain that will not go away, the guilt that clings from things long past,
the fear of what the future holds, are present as if meant to last.
But present too is love which tends the hurt we never hoped to find,
the private agonies inside, the memories that haunt the mind.

3 So some have come who need Your help and some have come to make amends,
as hands which shaped and saved the world are present in the touch of friends.
Lord, let Your Spirit meet us here to mend the body, mind and soul,
to disentangle peace from pain and make Your broken people whole.

In Canada, Memorial Day is called Remembrance Day, and is celebrated on Nov. 11, the day of the World War I armistice. When I first arrived in Toronto, “O God Our Help in Ages Past” was typically sung on the Sunday closest to Nov. 11 and is still frequently requested for funerals. The hymn has sometimes also been called Britain’s other national anthem. Healey Willan (1880-1968), an English transplant in Toronto, points our weary souls toward hope in his solemn, grand, and uplifting postlude. I am playing it today not just because it bookends our opening hymn; I am also remembering Healey’s daughter Mary Willan Mason. She led the Ontario Choral Federation for many years and was curator of her father’s musical estate. She died on Sept. 25 at the incredible age of 104.